# LEVELING THE SITE

The Role of Sponsorship and Mentorship in Supporting Women





## Mentorship vs Sponsorship



### **MENTORS**

Invest time in you

Advise

Can be anyone in any position with experience who can offer career advice and support

More common

**Build readiness** 





### **SPONSORS**

Invest in you personally

Act

Must be in a senior role with influence

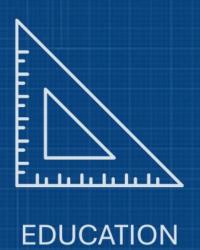
Harder to secure

Create opportunities

# Why Sponsorship Matters











# My Journey

